

# Community Highlights 2015

## Celebrating 40 years of serving you

### RECOGNIZING SERVANT LEADERS

Jack Lowe Jr. is not used to surprises, but on Oct. 14 he had an evening filled with them. Methodist Health System Foundation honored Lowe with the 2015 Robert S. Folsom Leadership Award at its annual fundraiser at the Hilton Anatole Hotel.

The event raised \$1.3 million for two programs at the Methodist Dallas Medical Center Golden Cross Academic Clinic: the Life Shines Bright Pregnancy Program, which offers the CenteringPregnancy® model of care, and the new Centering Parenting®. These programs reflect Lowe's servant leadership in and commitment to education, youth, and families.



Batman masks were the perfect accessory for celebrating "Jackman" Jack Lowe Jr. (center) at the awards event in his honor. With him are (from left) Ben Houston; Harold MacDowell; Methodist Health System Foundation President and CEO and Methodist Health System Senior Vice President External Affairs April Box, CFRE; and Bob Ferguson.



Attending the red carpet event in celebration of Methodist Charlton's 40 years are (from left) Director of Physician Development Bill Schneider; Methodist Charlton Advisory Board member Curtistene McCowan; Methodist Health System President and CEO Stephen L. Mansfield, PhD, FACHE; and retired physician Allen Schneider, DO.

In 1975, Methodist Charlton Medical Center was merely a dream becoming a reality — a hospital opening its doors for the first time in hopes of making a difference.

Forty years later, the 84 beds have become 285, and services have expanded to include some of the latest in medical technology.

From Dec. 7 to 10, we celebrated our 40 years of successes and service, and we were grateful to have you join us for the festivities:

- Hospital tours recapping our history
- Planting a time capsule filled with memories and mementos of 2015
- A prayer breakfast with community leaders, where we blessed a new cross for the hospital
- An event celebrating our employees, including those who have served with Methodist Health System and Methodist Charlton for the last four decades
- A red-carpet affair celebration with live entertainment by the DeSoto High School Jazz Saxophone Ensemble.



Pastors and mayors of the Best Southwest cities pray a blessing over the cross to be hung in the main lobby of the hospital.

## FRAN LAUKAITIS FIRST NURSE TO SERVE AS METHODIST HOSPITAL PRESIDENT

In 2015, Methodist Charlton Medical Center promoted former Chief Nursing Officer Fran Laukaitis, MHA, BSN, RN, FACHE, to the role of hospital president.

Laukaitis brings 40 years of nursing and administrative experience to the role and is the first nurse to serve as a hospital president in the history of Methodist Health System.



## WE PROUDLY SUPPORT THESE LOCAL CHAMBERS OF COMMERCE

- Cedar Hill Chamber of Commerce
- Dallas Black Chamber of Commerce
- DeSoto Chamber of Commerce
- Duncanville Chamber of Commerce
- Lancaster Chamber of Commerce
- Midlothian Chamber of Commerce

## METHODIST CHARLTON MEDICAL CENTER ADVISORY BOARD

Back row, from left: John Hubbard; Kevin Fegan, EdD; Ed Harrison; Allen Schneider, DO; and Ken Weaver; front row: Michael Hurtt; Ronald T. Brown, PhD; Dick Griner; Marcus Knight; President Fran Laukaitis, MHA, BSN, RN, FACHE; Boyce Whatley; and Jill Waggoner, MD; not pictured: Curtistene McCowan, Dan Eddy, Wade Emmert, the Rev. A. Marie Mitchell, and Margie Waldrop



# NUMBERS TO KNOW

## 8,738

The number of people Methodist Health System employed throughout the Metroplex in 2015.



## 1,821

The number of people employed by Methodist Charlton Medical Center in 2015, making the hospital one of the largest employers in the Best Southwest cities.

## \$109.2 million

How much Methodist Health System provided in unreimbursed charity care in fiscal year 2015.

## \$1.2 billion

Methodist Health System's 2015 economic impact, including from income and benefits provided for our employees.

## 2017



By this year, Methodist Health System aims to be the healthiest health system in America. Our accolades in 2015 show that we've made significant strides toward this goal:

- Healthiest Employer in North Texas by the *Dallas Business Journal*
- Third place in the Healthiest 100 Workplaces in America®
- Platinum-Level Fit-Friendly Worksite by the American Heart Association for the third year
- Health Champion by the American Diabetes Association.

Stay tuned for more successes from our home stretch in 2016!

**12** *The number of consecutive years that Methodist Health System has been named among the Best Places to Work by the Dallas Business Journal. Methodist was the highest-ranked health system in the extra-large business category and the only health system to place as a finalist for 12 years of the 13-year program. For the fifth year in a row, the health system was also named one of the 150 Great Places to Work in Healthcare by Becker's Hospital Review.*



**2** Methodist Health System is proud to continue its role in the Mayo Clinic Care Network for a second year. To learn more, visit [Answers2.org](http://Answers2.org).



# Committed to a healthier community

Methodist Health System and Methodist Charlton Medical Center are improving the health of our community with these initiatives:

● **Golden Cross Congregational Health Ministry.** Through partnering churches, Methodist Health System provides education and health outreach, including flu shots and biometric screenings.

● **Methodist Generations.** This program offers a variety of wellness activities, social events, and educational outreach for people ages 55 and older.

● **Mobile mammography.** In partnership with Susan G. Komen® Dallas County, Methodist's mobile mammography unit brought breast cancer screening directly to 2,790 women this year, including 1,013 in the Methodist

Charlton Medical Center service area. Area businesses are also encouraged to invite the mobile mammography unit to their location for the convenience and well-being of their female employees.

● **Alien Invasion Corporate Challenge.** This interactive program challenged corporate teams to increase daily steps and instill healthy habits over a six-week period.

**1** Jill Waggoner, MD, family medicine physician with Methodist Charlton Medical Group and author of *ABCs of Diabetes* (center), presented a six-week series on managing diabetes. The event featured special guest NBA champion John Salley (left). Cindi Walker, practice manager for the medical group, also helped at the event.

**2** Marcus King, senior pastor at Disciple Central Community Church in DeSoto, was the keynote speaker at Methodist Charlton's 2015 Pastor Appreciation Luncheon.

**3** Participating in the program for the First Ladies and Women in Ministry Brunch are (from left) Tommye Young-West; Wendy K. Walters; Lisa Burkhardt Worley; Methodist Charlton President Fran Laukaitis, MHA, BSN, RN, FACHE; Methodist Charlton Director of Community Cynthia Mickens Ross; Patricia Coleman; Marina McLean; and Methodist Health System Vice President of Pastoral Services the Rev. Caesar Rentie.

## HEALTHY EVENTS

Methodist Charlton Medical Center is committed to creating and supporting events and organizations that improve our communities and inspire people to make changes toward a healthier lifestyle, including:

- ABCs of Diabetes
- American Heart Association Dallas Heart Walk
- Best Southwest Partnership TGIF Legislative Breakfast Series
- Cedar Hill, DeSoto, Duncanville, and Lancaster chambers of commerce galas
- Cedar Hill, DeSoto, Duncanville, and Lancaster ISDs
- Cedar Hill Rotary Club Bike Rally
- DeSoto Chamber Health Expo
- First Ladies and Women in Ministry Brunch
- Health and Human Services Day
- Leadership Southwest
- March of Dimes® March for Babies®
- Megafest
- Methodist Charlton 40th Anniversary Celebration
- Pastor Appreciation Luncheon
- Project MALE "Healthy Living" session at Inspiring Body of Christ Church
- Shop, Eat, Drink, PINK!
- Taste of Duncanville and Taste of Cedar Hill
- Volley 4A Cure.





Methodist QuickCare Clinic moved to a new location this year, 3335 W. Wheatland Road in Dallas, making after-hours and weekend care more convenient than ever.

## New ways to serve you

We're always looking for new ways to expand our care offerings and make that care more accessible to the Best Southwest communities. Here are a few of the ways Methodist Health System and Methodist Charlton Medical Center did just that in 2015:

- Well-known for our fast heart attack treatment times and open heart surgery program, Methodist Charlton expanded cardiology services this year with the new Abiomed Impella® 2.5 System, the world's smallest heart pump. This device is used temporarily to stabilize the heart before a high-risk heart procedure.
- Women with uterine fibroids can now benefit from the Acessa™ procedure, which uses a radiofrequency technique to remove almost any type of uterine fibroid, regardless of size or location in the uterus. The outpatient procedure is an alternative to hysterectomy that offers a fast recovery.

- Methodist Charlton became home to the robotic da Vinci® Surgical System last year. With da Vinci, surgeons can perform minimally invasive procedures with enhanced vision, precision, dexterity, and control, resulting in fewer complications, less pain and scarring, and faster recovery for surgery patients.
- Methodist Family Health Centers and Medical Groups added three locations in Dallas: Methodist Charlton Internal Medicine Associates, Methodist Charlton Senior Care, and Methodist Family Health Center – Highland Park. In addition, Methodist QuickCare Clinic moved to a free-standing facility across from Methodist Charlton for enhanced convenience.
- Through an affiliated joint venture entity, a series of Methodist Center for Diagnostic Imaging locations were opened, including one in DeSoto, with more to come in 2016.

Learn more about the services offered at Methodist Charlton at [MethodistHealthSystem.org/Charlton](http://MethodistHealthSystem.org/Charlton).

Keep up with the happenings at Methodist Charlton on social media.



A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital health care and community programs, call Methodist Health System Foundation at 214-947-4555 or visit [Foundation.MethodistHealthSystem.org](http://Foundation.MethodistHealthSystem.org)

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Health System or Methodist Charlton Medical Center.

## SHINING ACHIEVEMENTS

### Methodist Health System

- Texas Award for Performance Excellence from the Quality Texas Foundation
- Among the nation's "Most Wired" for the sixth consecutive year, per *Hospitals & Health Networks* magazine
- Stephen L. Mansfield, PhD, FACHE, president and CEO, Methodist Health System, honored as Outstanding Healthcare Executive in *D Magazine's* Excellence in Healthcare Awards for 2014, Distinguished Business Leader of the Year by the Texas Association of Business, and one of 130 Nonprofit Hospital & Health System CEOs to Know 2015 by *Becker's Hospital Review*
- April Box, CFRE, senior vice president of external affairs, Methodist Health System, and president and CEO, Methodist Health System Foundation, named to the *Dallas Business Journal's* Who's Who in Health Care
- Seven nurses recognized among DFW Great 100 Nurses

### Methodist Charlton Medical Center

- Texas Ten Step Program redesignation from the Department of State Health Services for efforts to encourage breastfeeding
- American College of Cardiology Foundation NCDR ACTION Registry®-GWTG™ Platinum Performance Achievement Award
- Best Hospital and Best Doctor (Jill Waggoner, MD) by 2015 *Focus Daily News* Reader's Choice Awards
- 2015 Mission: Lifeline® Silver Receiving Quality Achievement Award for prompt and proper STEMI heart attack treatment
- Chest Pain Certification by The Joint Commission
- Hospital Safety Score of A from The Leapfrog Group®
- Quality Respiratory Care Recognition from the American Association for Respiratory Care for the sixth year
- Premier Supply Chain Excellence Award